

Module 6

A & P

Assignment #1

Read pages 155 - 165

Write the answers on your own paper, not on this sheet.

1. Define the following terms:
 - a. Origin
 - b. Insertion
 - c. Synergists
 - d. Prime mover
 - e. Antagonist
 - f. Mastication
2. Identify the muscles in the figure in the book on page 177, question 4.
3. List the two “kissing muscles”.
4. List the four muscles that control mastication. Tell what each muscle does.
5. Identify the structures in the figure in the book on page 178, question 7.
6. Identify the muscles in the figure in the book on page 178, question 11.
7. Which four muscles make up your “rotator cuff”?

8. Define the following terms:
 - a. Intrinsic hand muscles
 - b. Extrinsic hand muscles
9. Identify the structures in the figure in the book on page 179, question 12.
10. Identify the muscles in the figure in the book on page 179, question 15.
11. List all of the muscles involved in flexing the thigh. List their antagonists.
12. List all of the muscles involved in abducting the thigh. List their antagonists.
13. List the three muscles that flex the forearm at the elbow. List their antagonist.
14. Which two muscles supinate the forearm at the elbow? List them. List their antagonists.
15. Which four muscles make up your “quads”?
16. Which three muscles make up your “hamstrings”?
17. Which two muscles make up your “calf” muscles in your lower leg?
18. Identify the structures in the figure in the book on page 180, question 20.

Honors: